

INVENTORY

MIKE KING'S HARO PRO XL



FRAME: Haro, 4130 chrome-moly. "This is more of a hardcore race frame and it's designed for the bigger rider. Both the rear end and the front end are longer than a stock Group One. It's going to be Haro's new Pro frame. It should be out in about a month."

FORK: Haro, 4130 chrome-moly, stock.

BAR: Haro, stock. "These are all things I designed and recommend highly. It's a bar that if you really like, it's really hard to find another bar. I've noticed there are a lot of Pros that run these bars. I've tried to experiment with different bars at the beginning of the year and I just ended up going back to these. I think you get more power out of them."

STEM: Haro Fusion, XL. "It's not an XXL. That's what I used to run on my stock bike, but this one's bigger."

HEADSET: Tange MX-II.

CRANKS: Redline Flight, 180mm. "I've used 'em for years and never had a problem with 'em."

BOTTOM BRACKET: Kastan, sealed bearing. "Linn (Kastan) is making our new Pro frames in Mexico, so the production will be really good. More people will have access to it than all the other bikes."

SPROCKET: S&S Tiger Tooth, 46T. "They're really stiff, there's no flex in 'em, and plus I like how it looks."

PEDALS: Crupi. "They grip like crazy. And they tear your shins like crazy. But besides that they're excellent pedals. I've run them for the past two years."

CHAIN: Sedis Sport, chrome-moly.

WHEELS: 32-spoke Fusion rims, low-flange hub, hollow axles, 16T Sun Tour freewheel. "All together it's a lighter wheel."

TIRES: Fusion Holeshoot, 1.95. "I wanted to experiment and try the new size. It's more of a pointed design we're trying out right now."

SEAT: Turbo, leather, soft. "Does the job."

SEAT POST: Fusion, 4130 chrome-moly, heat-treated, straight.

SEAT CLAMP: Fusion, double clamp. "A clamp's a clamp."

CALIPER: Dia-Compe 901, quick release.

LEVER: Dia-Compe X-1 Short Stop.

CABLE: Dia-Compe teflon-lined.

GRIPS: Haro. "They're longer than most grips. Before these grips came out I used to get regular grips and just stretch 'em out as far as I could. I like to get about 8 inches of grip on."

EXTRAS: Haro Flo Panel. ("It's the oldest plate in the world. They've been around for like 50 years."), pads.

PERSONAL GEAR: Haro Pro leathers and jersey, Ecco Flow helmet, Haro Flo mouth-guard, Haro Tech gloves, white Vision low-tops (I always wear white shoes always. They gotta be white and they gotta be clean.)

DO YOU EVER HAVE PROBLEMS WITH YOUR HELMET STAYING STRAIGHT? "Never."

YEAH YOU DID! OVER THAT . . . "Oh, are you callin' me a liar? O.K., I'm lying. Once in a while I do, only because this helmet is a prototype helmet and the pads are molded in a little crooked, but I dig it because it's a Flow, 'cause it's got vents right here."

YOU HAVE A LOT OF FLOW EQUIPMENT. "Oh yeah, I like to flow."

WHAT DO YOU DRINK WHEN YOU GO RIDING? "Just usually water. I usually have a Power Bar before I ride and before I work out. It's a great product. And maybe an apple."

HOW MUCH IS YOUR BIKE WORTH? "It's priceless."

IF SOMEONE WANTED TO DUPLICATE IT, HOW MUCH WOULD IT COST? "Oh man. Fifteen hundred."

HOW MUCH DOES IT WEIGH? "About 21 pounds. It is relatively light. My girlfriend is away at school."

HOW DOES IT RIDE? "It rides well. It accelerates well, it's excellent in corners, and once I start practicing my gates, I'll get good gate starts on it too."

WHAT SIZE RIDER IS IT GOOD FOR? "Anyone that's probably 5'7" and up. It has plenty of leg room. A smaller rider could get away with using a shorter stem on this bike, though."

WHAT TRAITS DO YOU TAKE PRIDE IN ABOUT YOUR RIDING STYLE?

"Turns. I love turns. That's where I usually make my move—around turns, or coming out of turns."

WHO DO YOU LIKE PASSING THE MOST? "Probably Charles Townsend. He supposedly trains the most and the hardest of anyone. Everyone thinks I just sit at home and sleep and go out, but I don't do that. I train."

WHAT DOES WORKING OUT DO FOR YOU? "Well, to help in the Pro class you have to be somewhat strong. I think working out has a lot to do with your power down the first straightaway."

DOES IT AFFECT YOUR RIDING AT ALL? "To a certain extent it does. If you're at that point where you're over that limit, where you notice you're getting a little squirrely 'cause you're going too fast, and you lost a bit of your style, then I think it does affect you."

HOW MUCH CAN YOU BENCH NOW? "On a good day, probably about 280-285."

ANYTHING ELSE YOU WANT TO ADD? "If you definitely want to win races, I'd recommend a Mike King Haro bike."

ISN'T THAT THE KING OF BERCY NOW? "Exactly. The King."

